



Archdiocese of St Andrews & Edinburgh – Charity No. SC0008540

The Catholic Parish of St. Patrick's

Palm Sunday of Lent – 5th April 2020

Chapel House: 30 Low Craigends, Kilsyth, Glasgow G65 0PF

Parish Clergy: Fr. Daniel P. Doherty & Fr. Sean Bradley

Website: www.saintpatrickskilsyth.org.uk Email: pp.stpatricks@gmail.com

Tel: 01236 822136 / Hall Bookings Tel: 07538260848



A message from Fr Daniel – Today marks the beginning of Holy Week, the most important week in the year of the Church. Although this Holy Week will be unlike any other, as we still cannot have access to our Churches for Holy Mass, the Sacraments and private prayer, we are asked to keep the spirit of Holy Week alive in our own hearts & souls, even from our own homes. Can I ask you to try an set aside the following times that you would normally have come to one of the Holy Week services and **pray at home**. The services will be as follows:

Palm Sunday 9.30am Holy Mass.

Following Holy Mass, blessed palms will be left at front door of Chapel House for people to collect.

Holy Thursday 7pm Mass of the Last Supper

Good Friday 3pm Passion & Veneration of the Cross. Stations of the Cross at 7pm.

Holy Saturday 8.30pm Easter Vigil

Easter Sunday 9.30am Holy Mass

I truly understand this is not the same as attending the services, but you are asked to make and say, where possible, the Spiritual Communion prayer (which is on our website). Finally, can I also ask you to keep in your prayers & penances all those who have died recently, as a result of the Coronavirus, the bereaved, our wonderful NHS staff, not forgetting the many carers and family members who care for elderly relatives at home. I wish you a very blessed & fruitful Holy Week.

Mass intentions - please continue to hand in your Mass intentions as normal. The priests will continue to offer these Masses and pray for them. We will also list them on the website as usual.

Parish Draw. It has been decided to suspend the draw until things return to normal. Once we restart, we will refund all those who have continued to pay by standing order.

In your prayers please remember Anne Bell, Philip Quin & Fr. Joe Miller who died recently. We also remember their families at this sad time.

A word of thanks to all those who kindly handed in their offertory envelope / donation last weekend. It is greatly appreciated.

A number of people have been in touch to request our bank details to setup standing orders, once again we appreciate people being so thoughtful and generous. If you are in a position to do this, our bank details are as follows:

RBS, 18 Tay Walk, Cumbernauld G67 1DE.

Name of Account: Archdiocese of St Andrews and Edinburgh St Patrick's Church, Kilsyth.

Sort code: 832323

Account No: 00255000

In the **reference section** please put your full name.

Or if you would prefer to complete a Standing Order form, please contact the parish house and one will be posted to you.

Summary of Bishop Barron's Reflection – The Coronavirus & Sitting Alone Quietly

Bishop Barron is Bishop of Santa Barbara USA. The bishop commences his reflection with a quotation from Blaise Pascal (15th cent)

“All of humanities problems stem from man's inability to sit quietly in a room alone.” In other words most of us spend our time diverting ourselves from the most serious and important questions in life. We like to use diversions and distractions to fill our minds and time with other, sometimes unimportant things, rather than focus in on things like - Does God exist? Why are we here? Who am I? Where am I going? Heaven – Hell!

We don't have the ability of sitting on our own and dealing with the many questions of life. At this time we are being seriously challenged. Society has almost shut down. Cafes and bars are closed. These are the places we would go to seek out diversions – be distracted. At this time we are encouraged to sit quietly in a room alone and wrestle with the deep questions of life. You could say this is a great spiritual opportunity, almost imposed monasticism. During this time Bishop Barron encourages us to firstly rediscover the Bible. Spending quality time reading a full Gospel. Read it well, slowly and entirely. Maybe also look at the book of Psalms.

The Bishop also suggests we try **Lectio Divina (Divine Reading)**. Firstly, choose the Gospel for the following Sunday or another Gospel passage then follow the following four steps:

1. Read the passage slowly, prayerfully & carefully.

2. Meditation – find a phrase, word, idea that grabs your attention. Then 'chew on it' – meditate on it.

3. Prayer – speak to the good Lord about that experience and what you have heard from the Lord.

4. Contemplate – listen & contemplate – what is the Lord telling you about the passage that I have just read?

The Bible, the Word of God, if we give it our time then it will come to life.

The Bishop goes on to encourage Spiritual Classics. Firstly, St. Augustine's Confessions, especially the first 9 books of his life. It's a story of a souls hunger & thirst for God – the trials he faced. Secondly, St. Benedict's Rule – 12 Steps of Humility. Thirdly, St. Ignatius Exercises. Fourthly, Seven Storey Mountain by Thomas Merton – the story of a young materialistic man's journey to be a Trappist Monk. And finally, Prayer – walking, sitting, working, and especially rediscovering the Rosary by invoking the most powerful intercessor – Our Lady.

The Bishop concludes his reflection by encouraging us to put away our mobile phones. Instead of heads down, lift them up to the Creator of our beautiful world. We can't say we don't have time, most of us have lots of spare time at present. It is during this time, that we should try to tussle with the deep stuff. We are urged not to see this time as burdensome or a terrible moment. Everything that happens, in some way is still the will of God either actively or permissibly. Has God allowed at least this time to happen for some reason? Maybe it is the time for you to wrestle with the deeper questions alone!

to listen to him logged on to You Tube: - Bishop Barron-Coronavirus.

Also, with this Bulletin are:

1. Sunday Reflection
2. Pope Francis Reflection given in Rome last Friday (27th)
3. Stations of the Cross for Good Friday
4. Spiritual Communion Reflection
5. Fasting from the Eucharist
6. St Corona Prayer
7. Holy Week Service
8. Prayer Service: Last Seven Words of Christ from the Cross
9. FORMED Programme - How to join free

SCIAF WEE Boxes

Can you please drop them off at the parish house, just remember to ring the doorbell.